

Today's Date: _____

Patient Name: (Last, First, MI) _____ Shoe Size _____ Date of Birth: _____ Age: _____

Gender: _____ Height: _____ Weight: _____ Marital Status: Single Married Divorced Widowed Race: _____ (optional)

Home City/State: _____ Occupation/School: _____

Referring Physician: (if applicable) _____ Primary Care Physician: _____

What would you like to be seen for today? (Please be detailed): _____

Have you ever seen other providers for foot/ankle problems? If so, please provide their information below.

Physician _____ Address: _____

Physician _____ Address: _____

Do you see any specialists? No Yes If "yes", please provide names & phone numbers ↓

Habits

Exercise: No Yes → How much? How often? What kind? _____

Tobacco Use: No Yes → How much? How often? For how long? _____

Stopped/Quit: No Yes → When? _____

Alcohol Use: No Yes → How much? How often? For how long? _____

Marijuana Use: No Yes → How much? How often? For how long? _____

Social/Family

Any pertinent social or family history relative to your clinical situation? No Yes _____

Is there a family history of diabetes? No Yes Relationship to you: _____

What medical problems run in your family? 1 _____ 2 _____ 3 _____

Relationship to you: _____

Allergies

Mark allergies Adhesive/Tape _____ Latex _____ Penicillin _____

or Aspirin _____ Local Anesthetics _____ Seafood _____

indicate Codeine _____ Metals (Nickel, etc.) _____ Sulfa _____

no allergies Demerol _____ Methylparabens _____ Other _____

here Dye/Iodine _____ NSAIDs _____ Other _____

→→→→→ I have no known allergies

Medication

Do you take: Oral Contraceptives? No Yes Blood Thinners? No Yes

Please list ALL medications and/or supplements you take or attach a list	Medication Name	Strength	How		Medication Name	Strength	How	
			Much	How Often			Much	How Often
	<i>Example</i>	<i>25mg</i>	<i>2</i>	<i>twice a day</i>				

I take no medications

Today's Date: _____

Patient Name: (Last, First, MI) _____

Date of Birth: _____

Previous Operations

<u>Operation</u>	<u>Date</u>	<u>Comments/Details:</u>	<u>Operation</u>	<u>Date</u>	<u>Comments/Details:</u>
<input type="checkbox"/> Fracture Repair	_____	_____	<input type="checkbox"/> Joint Arthroscopy/Replacement	_____	_____
<input type="checkbox"/> Heart/Vascular	_____	_____	<input type="checkbox"/> Other	_____	_____

Review of Systems Please check "yes" or "no" to indicate if **you** have the following:

- | | | |
|--|--|--|
| <input type="checkbox"/> No <input type="checkbox"/> Yes Black Stools or GI Bleeding | <input type="checkbox"/> No <input type="checkbox"/> Yes Intolerance to NSAIDs | <input type="checkbox"/> No <input type="checkbox"/> Yes Numbness or Tingling |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Bleeding or Bruising | <input type="checkbox"/> No <input type="checkbox"/> Yes Itching, Rashes or Scaly Skin | <input type="checkbox"/> No <input type="checkbox"/> Yes Shortness of Breath |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Chest Pain/Palpitations | <input type="checkbox"/> No <input type="checkbox"/> Yes Joint Pain/Stiffness | <input type="checkbox"/> No <input type="checkbox"/> Yes Swelling of Ankles/Feet |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Fever or Chills | <input type="checkbox"/> No <input type="checkbox"/> Yes Nausea, Vomiting, Diarrhea | <input type="checkbox"/> No <input type="checkbox"/> Yes Unexplained Weight Change |

Previous Foot/Ankle Problems

- | | | |
|--|---|--|
| <input type="checkbox"/> No <input type="checkbox"/> Yes Athlete's Foot | <input type="checkbox"/> No <input type="checkbox"/> Yes Chronic Calluses | <input type="checkbox"/> No <input type="checkbox"/> Yes Plantar Fasciitis |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Bunion | <input type="checkbox"/> No <input type="checkbox"/> Yes Diabetic Wounds | <input type="checkbox"/> No <input type="checkbox"/> Yes Toenail Problems |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Chronic Ankle Sprains | <input type="checkbox"/> No <input type="checkbox"/> Yes Hammertoes | |

Medical Conditions Please check "yes" or "no" to indicate if **you** have a history of the following conditions:

- | | | |
|---|---|---|
| <input type="checkbox"/> No <input type="checkbox"/> Yes AIDS/HIV | <input type="checkbox"/> No <input type="checkbox"/> Yes Ear Problems | <input type="checkbox"/> No <input type="checkbox"/> Yes Joint Concerns |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Anemia | <input type="checkbox"/> No <input type="checkbox"/> Yes Epilepsy | <input type="checkbox"/> No <input type="checkbox"/> Yes Kidney Issues |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Arthritis | <input type="checkbox"/> No <input type="checkbox"/> Yes Eye/Vision Problems | Details: _____ |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Back Problems | <input type="checkbox"/> No <input type="checkbox"/> Yes Fainting | <input type="checkbox"/> No <input type="checkbox"/> Yes Liver Disease (other than hepatitis) |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Bladder/Urinary Problems | <input type="checkbox"/> No <input type="checkbox"/> Yes Foot/Leg Cramps | <input type="checkbox"/> No <input type="checkbox"/> Yes Lupus |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Bleeding/Clotting Disorder | <input type="checkbox"/> No <input type="checkbox"/> Yes Gout | <input type="checkbox"/> No <input type="checkbox"/> Yes MRSA History |
| Details: _____ | <input type="checkbox"/> No <input type="checkbox"/> Yes Headaches/Migraines | <input type="checkbox"/> No <input type="checkbox"/> Yes Multiple Sclerosis |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Breathing/Respiratory Issues | <input type="checkbox"/> No <input type="checkbox"/> Yes Heart Disease | <input type="checkbox"/> No <input type="checkbox"/> Yes Nerve Disease |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Cancer | Details: _____ | <input type="checkbox"/> No <input type="checkbox"/> Yes Neuropathy |
| Details: _____ | Pacemaker/Defibrillator? <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> No <input type="checkbox"/> Yes Parkinson's |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Chemical/Drug Dependence | Stents? <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> No <input type="checkbox"/> Yes Polio |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Chronic Fatigue Syndrome or Fibromyalgia | | <input type="checkbox"/> No <input type="checkbox"/> Yes PTSD |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Chronic Infections | <input type="checkbox"/> No <input type="checkbox"/> Yes Hepatitis | <input type="checkbox"/> No <input type="checkbox"/> Yes Raynaud's Disease |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Circulation/Vascular Problems | Type: _____ Active? <input type="checkbox"/> Yes <input type="checkbox"/> No | <input type="checkbox"/> No <input type="checkbox"/> Yes Rheumatic Fever |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Degenerative Muscle Disease | <input type="checkbox"/> No <input type="checkbox"/> Yes Hernia | <input type="checkbox"/> No <input type="checkbox"/> Yes Rheumatoid Arthritis |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Diabetes Last A ₁ C: _____ | <input type="checkbox"/> No <input type="checkbox"/> Yes High (or Low) Blood Pressure | <input type="checkbox"/> No <input type="checkbox"/> Yes Sexually Transmitted Disease |
| <input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2 Taking insulin? Yes / No | <input type="checkbox"/> No <input type="checkbox"/> Yes Hormone Disorder | <input type="checkbox"/> No <input type="checkbox"/> Yes Stroke/TIA |
| <input type="checkbox"/> No <input type="checkbox"/> Yes Digestive Issues | <input type="checkbox"/> No <input type="checkbox"/> Yes Implants/Prosthetics | <input type="checkbox"/> No <input type="checkbox"/> Yes Thyroid Disease |
| <input type="checkbox"/> Colitis <input type="checkbox"/> GERD <input type="checkbox"/> IBS | Details: _____ | <input type="checkbox"/> No <input type="checkbox"/> Yes Weight Issues |
| <input type="checkbox"/> Other Medical Condition(s) _____ | | |

Preferred Pharmacy: _____ Phone: _____

I certify that the above information is true and correct to the best of my knowledge. I give my permission for **Alaska Foot and Ankle Specialists** to administer and perform such procedures as deemed necessary for diagnosis and/or treatment.

Signature of patient (or responsible party)

Date

Responsible Party Name (if not signed by the patient)